

RE: 5 DAY MT. KENYA NAROMORU-CHOGORIA ROUTE



DAY 1: NAIROBI – MET STATION. (2400M- 3,050M) 3 -4 HRS, 9KM, 650M ASCENT

Depart Nairobi in the morning at 0630hrs and drive to Naromoru the base for climbing Mt. Kenya arriving in time for early lunch. Transfer to the Mount Kenya Naromoru park gate and start hiking to Met Station (3300m). Hiking takes about 3 hrs. Dinner and overnight at the Met Station Camp site.

DAY 2: MET STATION – MACKINDERS (3,050M-4,300M), 5-6 HRS, 14KM, 1,250M ASCENT

Depart after breakfast and proceed to Teleki valley with a picnic lunch en-route arriving Mackinders Camp (4300m) early evening. The distance is 14kms and it takes 6 hrs. Dinner and overnight at Mackinders Camp.

DAY 3: MACKINDERS—AUSTRIAN HUT , 4700M

Depart Mackinders after breakfast and walk along a steep scree and alpine desert to Austrian Hut (4700m) taking about 3 hrs. You will have a Chance to view the Southern side of the beautiful mountain. Dinner and overnight at the Austrian Hut.

DAY 4: AUSTRIAN HUT/ PT. LENANA 4,985M/ CHOGORIA MERU BANDAS (2,800M) 8 HRS, 24KMS, 195M ASCENT, 2,085M DESCENT

The highlight of our trip! At 0430hrs, wake up and have tea & biscuits. Start the attempt of the summit peak (Point Lenana, alt 4985 meters); take photos with the African sunrise. It's possible to see Mt Kilimanjaro Kibo and mawenzi peaks from the Summit of Pt. Lenana if the weather is clear especially at dawn and the views are spectacular. Descend down to mintos Hut for full breakfast. After breakfast descend to Mt. Kenya Chogoria Bandas as you see Lake Ellis, Mugi hills, Vivien Falls and the Giant Billiards table at a distance. Picnic Lunch at the road head and you arrive at the chogoria gate 3050m early evening. Dinner and overnight at the Camp

8 hrs walking time.

Meals: Breakfast, Lunch and Diner

Accommodation: Chogoria Gate Campsite {Inside the Park}

DAY 5: CHOGORIA BANDAS TO NAIROBI

After breakfast descend for a 10kms walk through the bamboo forest, you are picked up by private transport to Chogoria Town. Later from Chogoria you bid farewell to the porters for a drive back to Nairobi. We drive through agricultural country to reach Nairobi around 2 pm.