

RE: 6 DAYS: SIRIMON ROUTE OUT CHOGORIA ROUTE WITH PEAK CIRCUIT



OVERVIEW

Traverse the mountain from North to East via the Sirimon and scenic Chogoria routes. Climb Pt. Lenana, the highest trekking peak on Mt. Kenya. Descend via the quieter and most dramatic Chogoria route

DAY 1: NAIROBI - OLD MOSES (3,300m)

Leave Nairobi at 6.30am by private transport to reach Nanyuki at 10.00am. Link up with the guide, cook and the porters in Nanyuki. Leave Nanyuki at 10.30am for Sirimon Gate 2,650m. Check in and start hiking through the rain forest to Old Moses Camp at 3,300m. Picnic lunch will be served at along the way. If you are lucky, you will see big game like buffalo, elephant, water buck and other animals. The

distance is 9km and takes 3hrs. While at the Old Moses camp at 1600hrs, you may take a short 1hr walk just to acclimatize. Dinner and overnight at the camp.

DAY 2: OLD MOSES (3,300m) TO SHIPTON'S CAMP (4,200m)

After breakfast, follow the track uphill, forking right at the junction. After a water break, continue on the track crossing Ontulili River before turning right contouring through the moorland and crossing Liki North River. Continue uphill to Mackinder Valley from where there are panoramic views up the valley. Walk through the picturesque views of the Sirimon and the Mackinder Valley arriving at Shipton's Camp (4200m). Lunch is served on the way. This is a relatively long day, the distance to Shipton's Camp from Old Moses camp is 16kms takes 6hrs. Shipton's Camp is a surreal setting below the towering peaks and glacier, with amazing views of the Northern side of the mountain. Dinner and overnight at the Shiptons Camp.

3: PEAK CIRCUIT, ACCLIMATIZATION DAY / SHIPTONS TO AUSTRIAN HUT (4,790m)

Breakfast is served at 8.00am. At 09.00am, start the peak circuit, from Shipton's camp through the trail that leads to Kami Camp below the north face of Batian. Continuing southwest, the trails climbs up to the ridge 4,600m. Hike through the scree before reaching Hausberg Col at 4,590m. Later descend into the upper Hausberg Valley and rest at the aptly named Oblong and Hausberg tarns. Ascending to the crest of a ridge known as Arthur's Seat, you can see the trail winding along a beautiful series of rock ledges. You can to see Mackinders, Teleki Lodge, Two Tarn, Nanyuki Tarn and American Camp. Proceed to Austrian camp as you see Pt. Peter, Daton and other beautiful scenes. Picnic lunch is served along the way.

DAY 4: AUSTRIAN HUT - PT. LENANA (4,985m) - CHOGORIA MERU BANDAS (2,800m) 8hrs, 24km, 195m ASCENT, 2,085m DESCENT

At 4.30am, wake up and have tea & biscuits. Proceed to the summit, Pt. Lenana (4985m) and take photos with the African sunrise. You can to see Mt. Kilimanjaro's Kibo and Mawenzi peaks if the weather is clear, especially at dawn and the views are spectacular. Descend down to Mintos Hut for a full breakfast. Thereafter descend to Chogoria Bandas as you see Lake Ellis, Mugi hills, Vivien Falls and the Giant Billiards Table at a distance. Picnic lunch is served along the way as you head to and arrive at the bandas in the early evening for a long deserved hot shower, dinner and overnight.

DAY 5: CHOGORIA BANDAS - NAIROBI

After breakfast, descend for a 10km through the bamboo forest and get transport to Chogoria and then Nairobi arriving at 3pm.